

EISENHOWER HIGH SCHOOL—PARENT RESOURCES

The following items are resources for you to assist your student with their academic studies at home. Our goal at Eisenhower is to build partnerships with families to increase student success.

Routines that are essential for all students to be successful in high school:

- ❖ Attend school everyday
 - Eisenhower High School starts at 8:00a.m. and goes until 2:35p.m.
 - Please avoid scheduling appointments during school hours whenever possible.
- ❖ Establish routine sleep patterns
 - The sleep recommendation for teenage students is eight hours a night.
- ❖ Eat a healthy diet
 - Eisenhower High School provides a free breakfast and lunch for all of our students
- ❖ Monitor (Skyward) your student’s academic progress and communicate with their teachers on a regular basis.
- ❖ Have family conversations centered on “What are you learning in school?”
 - Talking about school on a daily basis at home emphasizes the importance of your student’s academics.

Academic resources at home to assist parents with their student’s academics:

- ❖ Create an academic planner to check on your child’s assignments
 - Have your child use a calendar to write down all their assignments for that date and share with you on a daily basis.
- ❖ Khan Academy
 - A free online collection of more than 4,000 short video lessons stored on YouTube teaching almost all subject areas.
 - www.khanacademy.org
- ❖ National PTA Parents’ Guide to Student Success
 - www.pta.org/home/family-resources/Parents-Guides-to-Student-Success
- ❖ SBA Sample Items
 - <http://sampleitems.smarterbalanced.org>
- ❖ Set time for reading every night
 - Establish a routine of 20 to 30 minutes a night when everyone in the house reads and shares what they read with the other members of the family.

Academic resources available at Eisenhower outside the school day:

- ❖ After school tutoring in the library
 - Tutors are available after school Monday through Thursday in the library.
- ❖ Teachers are available before (7:30) and after school to meet with students